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Treatment Menu

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MANICURE & PEDICURE

At Charisma we pride ourselves on using salon professional high-quality products. To bring you the best in hand, feet & nail care we have chosen market leading brands. Beautiful manicures and pedicures start with strong healthy nails.

Signature Spa Manicure £45.00

Includes a file, cuticle work, hand and arm massage, conditioning nail treatment and application of lacquer.

Signature Spa pedicure £62.50

Includes a foot soak and scrub, nail and cuticle work, rasping of hard skin, a hydrating foot mask, foot and leg massage and application of lacquer.

ADVICE - For pedicures don't forget your flipflops

File and Polish £36.50

On either toes or fingernails.

GEL POLISH

Gel Polish on Fingers or Toes £36.50

Gel Polish French on Fingers or Toes £41.50

Gel Polish Removal & Application £48.50

Gel Polish Removal & Application French £53.50

Gel Polish Removal – no manicure £25.00

Gel Polish Removal with manicure £50.00

Gel Polish on Toes inc spa pedicure £65.00

Gel Polish Removal & Application on £75.00

toes inc spa pedicure

Nail Art (per extra 15 minutes) £7.50

CALLUS PEEL

Callus Peel £40.00

Quick, effective hard skin reduction.

Don't just dream about pretty feet, let your therapist Callus Peel away the hard skin and calluses. The treatment uses skin softening patches which dissolve the hard callused skin and allow for it to be scraped away leaving your feet feeling soft and revitalized.

Callus Peel with Gel Polish £52.50

This treatment includes the full Callus Peel treatment and is finished with a gel polish application leaving your toes looking beautifully polished for up to 4 weeks.

WAXING

Clean, effective, and long lasting. We use a cream wax which enables a better grip to the hair root, making waxing less painful.

Full Leg	£38.00
1/2 leg	£28.00
Arm	£28.00
Underarm	£13.50
Bikini Line	£20.00
Brazilian	£28.00
Hollywood	£36.50
Eyebrow	£13.00
Chin/Lip	£13.00
Back/Chest	£26.00

HD BROW SCULPT LAMINATION

Brow Sculpt is brow lamination with a bespoke HD Brows twist. Whether you dream of achieving that full, fluffy eyebrow look, want to create symmetry in uneven brows or tame unruly hairs, our Brow Sculpt brow lamination treatment is for you. This corrective treatment helps you to achieve your desired position for up to 6 weeks.

An Allergy Test is required 24 hours prior to your first treatment.

HD Brow Sculpt	£55.00
Lock Serum	£25.00

TINTING

An Allergy Test is required 24 hours prior to your first treatment.

Eyelash Tint	£25.00
Eyebrow Tint	£13.50

LASHLIFT

Lashlift works with your natural lashes to lift, curl and tint them. Lashes look longer, fuller and thicker and you have no need to wear mascara.

An allergy test is required 24 hours prior to your first treatment

Lashlift	£54.00
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MASSAGE & RELAXATION TREATMENTS

30 Minute Back, Neck & Shoulder Massage £35.50

45 Minute Back, Neck & Shoulder Massage £47.50

60 Minute Full Body Massage £65.00

The Muscle De-Stress Treatment £65.00

This treatment will ease tension, relax muscles, and help to relieve stress. A four-phase luxurious treatment including exfoliation, massage, a warming detoxifying mask and a finishing balm to nourish and hydrate your skin.

Reflexology £65.00

Reflexology promotes deep relaxation and wellbeing, it reduces stress, optimises good health and builds resilience. It is a touch therapy using points on the feet to correspond with different areas of the body.

Hopi Ear Candles £55.00

Hopi ear candles are a relaxation remedy for the ear. They are made from a long hollow tube of cotton which is inserted into the ear and lit at the other end. This causes a vacuum which loosens the ear wax. A head massage is included for further relaxation.

The Velvet Skin Body Treatment £42.50

This treatment will ensure dry skin is exfoliated away, followed by a finishing cream to suit your skin's needs. You will be left with velvety soft and supple skin all over.

LAVA SHELL RELAXATION TREATMENTS

Lava Shell Relax - 1 Hour Full Body Massage £75.00

This indulgent and truly pampering massage combines the warmth of the shells with deeply relaxing massage techniques for the entire body. During the massage, the shells are worked over the palms, arms, feet, and legs in a slow deep motion to warm and de-stress. This is followed by a wonderfully tranquil massage on the back, neck and shoulder area to ease away tension, knots and stress. An unforgettable and sublime experience.

Lava Shell Therma Facial - 1 Hour £75.00

The Lava Shell Therma Facial is a deeply hydrating, anti-aging facial. The treatment has renewing and reviving effects on the complexion, leaving the skin radiant and glowing. The face and neck are deeply cleansed and exfoliated to prepare the skin for the specialised massage using warm, self-heating Lava Shells.

MANUAL LYMPHATIC DRAINAGE

Manual Lymphatic Drainage is a massage using specialised and rhythmic pumping techniques to move the flow of the lymph around the body. This treatment is deeply relaxing, pain relieving and detoxifying.

45 Minute Treatment £47.50

60 Minute Treatment £60.00

Facial 60 Minute Treatment £65.00

FACIAL TREATMENTS

Charisma Essential Skin Treatment £85.00

A 60 minute luxury treatment tailoring every step to your skins needs.

Ideal starter facial/introduction to Charisma or if you are looking for a facial for relaxation.

At the time of the appointment you will receive a thorough consultation and personalised after care.

Includes cleanse, tone exfoliation, massage, mask and finishing products to suit your skins needs.

Nourishing Hydrating Treatment £85.00

This nourishing treatment is for a thirsty and undernourished skin. Providing a blanket of rich and powerful ingredients to cherish the skin and restore suppleness and comfort. Packed with antioxidants that strengthen the skins defences against the harmful bacterias that sap the skin of its energy. The skin will appear glowing, healthy and renewed.

Total Skin Reset Treatment £95.00

This divine treatment is the perfect solution for tired, stressed or hormonal skins.

Stress has a big effect on how our skin behaves. This is the ultimate facial to completely reset your skin to function in its optimum health. White Rose and pea extract protect our stem cells which protect against ageing and guarantee a healthier complex.

Delicate Solution £80.00

Providing comfort and reassurance for a discomforted skin. Immediately cooling and soothing, reducing inflammation and strengthening the skin against sensitivity. This facial is brimming with ingredients that will restore the strengthening properties of the skin. Gently building your skin so it can tackle the harshest of environmental aggressions.

Densite Lifting Treatment £95.00

A total anti-ageing treatment regaining the skins youth. Fights and corrects against loss of firmness, elasticity and skin sagging. This treatment renews and transforms the most fatigued skins, reduces lines and wrinkles, leaving you feeling youthful, nourished and truly hydrated.

AHA Corrective Peel Treatment £85.00

A powerful AHA rich treatment inspired by medical techniques for a real alternative to cosmetic medicine. This is a 20% corrective peel treatment using glycolic acid & mandelic acid giving a "new skin effect" which is visible from the first session. Your skin will feel smoothed, renewed, refined and luminous. This treatment is perfect for anti-ageing, brightening, lightening pigmentation, acne scarring and menopausal skins

Vitamin C Glow Treatment £95.00

This instant radiance, skin perfector, light boosting treatment is the ideal boost for a dull, lifeless, tired skin. This treatment contains the best cosmetic ingredients, vitamin C & E, Niacinamide B3 and 5% glycolic Acid to recover a smooth, luminous, flawless skin.

Anti-Aging Eye Treatment £65.00

This treatment is all about your eyes. It will reverse the signs of ageing, reduce fine lines, wrinkles and give a youthful appearance. Dull tired eyes will be brightened, puffiness reduced leaving your eyes feeling lights, refreshed and awake. Results visible from your first treatment.

Caviar Experience £120.00

The Caviar experience is a complete luxury journey for your skin.

Encapsulating 100% pure French caviar for recharging your skins every need. Packed with essential vitamins and minerals this is the ultimate in anti-ageing with lines and wrinkles instantly reduced. You will leave the treatment with plumped, smoother, energised skin feeling totally indulged.

LIPOFIRM PRO – NON – SURGICAL BODY TREATMENTS

The Non-Surgical tightening & toning solution to reshape & contour your body exactly where you want using a Lipofirm Pro medical grade machine.

*Do you want body fat reduction to target specific areas?
Then this is the treatment to for you.*

The treatment combines radiofrequency technology with Dynamic Muscle Activation (DMA) technology for optimal fat reduction and skin tightening results

Lipofirm Pro Buttock Lift

A treatment that will lift and contour the buttocks leaving the area firm and toned. This buttock lift will also reduce the appearance of cellulite providing a smoother, defined and dimple free appearance.



Lipofirm Pro Tummy Contour

This treatment is aimed to define the abdomen area by accelerating natural fat metabolism by creating instant inch loss to the area for circumference reduction whilst stimulating the muscles with dynamic muscle activation (DMA) for improved core strength. This contouring treatment will also promote natural collagen regeneration to skin tighten the loose skin on the abdomen.



Lipofirm Pro Tummy Tuck

The LP Tummy Tuck is designed specifically to tighten the skin and stimulate tissue repair to the abdomen area. This treatment uses Tripolar radio frequency technology to rekindle new collagen production in the body. This treatment is ideal for post pregnancy mummy tummies or someone that has lost weight from dieting to regenerate the area and soften the appearance of stretch marks.

Lipofirm Pro Arm Contour

The LP Arm Contour is designed specifically to tighten the skin and stimulate tissue repair to the upper arm area. This treatment uses radio frequency technology to rekindle new collagen production in the body. This treatment is ideal for someone that has lost weight from dieting to regenerate the area and tighten the skin.

Lipofirm Pro Cellulite Eraser

An ideal treatment targeting unwanted toxins in the body to break down the fatty deposits we call cellulite. The LP cellulite eraser uses radio frequency technology with dynamic muscle activation (DMA) to improve the appearance of cellulite by enhancing and stimulating blood circulation, oxygenation and lymphatic drainage. Even though this treatment will decrease the cellulite it will also provide an instant lift, tone, and contour the area providing a smooth and tighter appearance.

Consultation

A thorough consultation prior to treatment is essential.

Consultation charge £30.00

Pricing
1 Area £125

2 Areas £225

3 Areas £310

A course of 8 weekly treatments is recommended followed by a monthly maintenance treatment to optimise and maintain your results, very much like an exercise regime.

Speak to your therapist at time of consultation regarding savings on courses of treatment.

LIPOFIRM PRO – NON-SURGICAL FACE TREATMENT

The Collagen lifting treatment is a non-surgical facial rejuvenation treatment using radio frequency for skin tightening and dynamic muscle activation for facial lifting.

This treatment is a popular treatment as an alternative to facelift surgery for those who want to tone, firm, tighten or lift the skin of the face or neck. In many cases a lifted result can be seen from the first treatment.

The treatment is non-invasive, painless, quick and convenient, with no downtime. During the treatment, a handpiece that delivers Tripolar radio frequency energy, is moved across the areas of concern. Treatments cover the eye area, the mid face, jowls and neck.



Collagen Lifting Treatment

£125

Treatment benefits

- Helps to contour the face
- Tones and firm skin
- Boosts collagen production
- Lifting, toning and firming of muscles
- Stimulation of fibroblasts for tighter skin
- Minimises fine lines and wrinkles
- Skin feels smoother
- Improves the elasticity of the skin